

ēkasha energy



ABOUT EMF

The EMF Balancing Technique® is a profound energy balancing system that is currently practiced in over 60 countries around the world. The technique is a simple, systematic process that utilizes the human-to-human effect upon the electromagnetic energy field.

WHY HAVE AN EMF SESSION?

If you wish to bring more harmony and balance into your life and you're ready to take the next step in your personal, spiritual evolution - the EMF sessions are for you! Many clients come in with a desire to relax, relieve stress, to heal or to understand Self. For those dealing with major issues in their lives, the EMF session is a powerful tool for transformation. It is a wonderfully relaxing, nurturing and empowering process.

In the past, I have explored a variety of energy work and healing modalities, but when I first learned about EMF, I knew (finally!!) this was the one I wanted to learn and share.

My own personal healing and transformation through the EMF sessions and the process of becoming a practitioner has had a profound effect on all aspects of my life. With great joy, I look forward to assisting my clients through this amazing work.

*"From the Creator within me, to the Creator within you, and the company we keep, let us begin."
These are the first words of every EMF session and each time I speak them, I feel honoured to be able to offer this service to my clients.*

the sessions

Phase I ~ Wisdom and Emotions

This session releases stress and establishes a new pattern of freedom and well-being.

Phase II ~ Self Direction and Self Support

This session gracefully releases the energy restraints of what we call the past and promotes awareness of self direction and self support.

Phase III ~ Radiate Core Energy

The radiating of core energy encourages the increased flow of spiritual intelligence into your daily life. Experience new understandings and insights into your unique expression.

Phase IV ~ Energetic Accomplishment

In this balancing, the focus is on opening to the field of potential and allowing the energy to manifest into the present reality.

Each session lasts about an hour. The recipient is on a massage table while the practitioner carries out a series of graceful Tai chi-like movements. Most of the movements involve the passing of the practitioner's hands through the portions of the energy field of the client that completely surround the body to a distance of two feet all around. During some parts of the session the practitioner will gently place their hands on the body to facilitate the flow of energy.

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EMF Balancing Technique®

Co-create Your Most Enlightened Life!

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