

# Giving Back

## Cassandra L. Gierden

### Habitat for Humanity - Sunshine Coast Affiliate

Sunshine Coast, B.C.

- Board of Directors 2007
- Volunteer Chair 2007

### International Coach Federation- Greater Toronto Area Chartered Chapter

Toronto, ONT

- Past-President 2005- 2007
- Canadian PRISM Award Chair 2004
- President 2003 & 2004
- Executive Assistant, 2000-2003
- Roommate Coordinator Conference 2000

### MetroActive Organization

Toronto, ONT

- Director of Organizational Development & Monthly Networking Event Leader, 2001-2002

### Wired Women Society of Canada

Toronto, ONT

- Director of Volunteer Coordination, 2001-2002

### Board of Trade Young Professionals

Toronto, ONT

- Pacer , Dragon Boat Team for competition June 2001
- Volunteer at The Collection Fashion Show, Capitol Theatre, March 2001

### S.P.C.A.

Vancouver, B.C.

- Dog Walker and monthly contributor since 1998 to help prevent cruelty to animals

### Toronto Humane Society

Toronto, ONT

- Monthly contributor since 2004 to help protect and prevent the rights of animals

### Jazz FM

Toronto, ONT

- Monthly contributor since 2004 to help support local promotion of Jazz Music and Artists

### Art Gallery of Ontario (AGO)

Toronto, ONT

- Monthly contributor to help support the Arts

### Professional Pillars

Visionary  
Creativity  
Entrepreneur  
Inspiring  
Honest

### Professional Committees

#### Pan Pacific Hotel,

Vancouver, BC

- Five Diamond Development Committee Front Office Representative, 1995
- Employee Relations Council Member, 1993-1996

#### Four Seasons Hotel,

Vancouver, BC

- Designed and implemented a front desk mentoring program with management and desk agents, 1997

#### Methanex Corporation,

Vancouver, BC

- Assisted in organizing executive meetings, AGM, and special events for company and UNICEF charity organizations, 1999

### Event Planning & Coordination

#### Specific Affairs,

Vancouver, B.C.

**Event:** *New Years Eve, December 1999 at the Roots Lodge, Ucluelet, B.C.*

- assisted in organizing & cooking dinner for 100 guests and celebrities, live coverage

**Event:** *A Great Date, June 1998 and Another Great Date, June 1999 @ Mescalero, Vanc., B.C.*

- assisted in live auction for A Loving Spoonful Charity Event, donation & event monies

**Event:** *Face the World Foundation, May 1999 at Jacqui Cohen's Home, Vancouver, B.C.*

- assisted in hosting and live auction for the FTWF Charity and collection of donations

#### Urban Function Production Inc,

Vancouver, B.C.

**Event:** *Mystique Masquerade Ball at the Vancouver Art Gallery, October 1998, Vancouver, B.C.*

- Sales & Promotion Manager, assisted in production to raise money for Children's Charities

### Youth Career Speaker

- Loretto Abbey Catholic Secondary School, 2004  
Scarborough, ONT
- Mary Ward Catholic Secondary School, 2004  
Toronto, ONT